

STUDENTSPORTS GRONINGEN

ACLO)))
STUDENTSPORT
GRONINGEN

**BECOME
ACTIVE!**
At the **ACLO**

We are looking for
committee members for:

- Healthcie
- PRAccie

APPLY!

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Become an active member of the ACLO!

The ACLO gives you the opportunity to join one of the many committees. You can develop yourself on a personal level during a committee year and it is a fun way to meet new people. Besides that it also looks good on your resume!

Would you like to join a committee of the largest student sport organization of Europe? Do you like to organize events and promote the ACLO? Then the PR & Activity committee (PRAccie) is looking for you! The PRAccie is responsible for the organization of various events and the promotion of the ACLO.

Send your motivation letter and your resume to coordinatorintern@aclosport.nl



KEI-Market 2017

The PR & Activity committee (PRAccie) is one of the ACLO committees. Organizing events is one of the most important tasks of the PRAccie. The PRAccie is also responsible for the promotion of the ACLO.

Goals of the PRAccie:

- Organizing events
- Carry out PR-activities

Time to spent:

You will spend due to the different kind of projects very different time each week. In the weeks before an event the PRAccie will spend more time together to organize this. This also applies for the periods around the open days of the University and college of higher education.

Responsibilities of the PRAccie:

PR

- Represent the ACLO at events and open days. It is up to the PRAccie to divide the workload among the PRAccie members.
- Provide the students in Groningen with information about the ACLO (through spreading flyers, posters and other promotional materials).
- Take care of the KEI-activities: such as the information market, the KEI parade and Sportplaza.

Events

- Organize a sports events for all the boards of the ACLO sports clubs (end of May): complete responsibility PRAccie
- KEI-week (KEI parade and Sportplaza) (mid-August): complete responsibility PRAccie
- ACLO-Vitalisloop (October and April): the PRAccie will help on the day itself
- ESN Meets ACLO in cooperation with ESN Groningen (September and February): the PRAccie will help on the day itself
- Lecture day for all the boards of the ACLO sportsclubs (October): complete responsibility PRAccie
- Christmas Indoor Sport Spectacle (KISS): Sports event (December): the PRAccie will help on the day itself
- Space for any additional activity for the active members of the ACLO and / or the boards of the sportsclubs.

Different tasks of the PRAccie

Within the PRAccie there are several functions. Each function has a number of tasks and responsibilities. In addition to the permanent duties and functions, everyone helps with the organization of the various events and the promotion of the ACLO during open days e.g.

Chairman

- Leading the committee
- Keep an overview
- Ensure team building
- Responsible for the transfer documents
- Keep in touch with the coordinator internal affairs and the vice-chairman of the Daily Board of the ACLO.

Secretary

- Managing the PRAccie e-mail
- Responsible for the transfer documents
- Coordinate general administration and minutes

Treasurer

- Making a budget
- Financial administration
- Keep in touch with the treasurer of the Daily Board of the ACLO.

PR

- Thinking of marketing actions to attract new ACLO members.
- Helping the vice-chairman of the Daily Board of the ACLO writing and checking texts at the ACLO website.
- Responsible for the content of the program books for the various events
- Recruiting sponsors for ACLO events
- Keep in touch with the vice-chairman of the Daily Board of the ACLO

Experience of Myrthe Heger (old PRAccie member)

Do you want to host amazing events for the ACLO a yearlong and be an active member within this large organization! Then the PRAccie is something for you!

You organize with your committee the "Bestuursspelen" (a sports day with a bbq and a drink afterwards) and the "Kaderdag" (workshops and lectures) for the boards of the sports clubs. These were really highlights of my committee year: it's awesome to see how enthusiastic the boards are and how much they appreciate it.

Besides these events, you will be quite busy during the KEI-week. You'll promote the ACLO at the information market and during Sportplaza. And you'll join the ACLO during the KEI-parade! The PRAccie is a committee I really recommend. It's an experience that you should've had during your student time in Groningen!

Finally, you must be someone who likes to get people excited on open days of de Hanzehogeschool and the RUG. On these days you'll promote the ACLO with your committee members to ensure that as many students become members of the ACLO!

But besides all of the hard work, a committee is a lot of fun! You'll eat together every Monday with your committee members (at least that's what we did), go out together and you'll become good friends! You also have a lot of contact with the Daily Board of the ACLO, so you can also take a look at what they do!

In short: apply for the PRAccie!



About the ACLO

The ACLO is the overarching student sports organization of the University of Groningen and the Hanze university of applied sciences and for the 49 sports clubs of the ACLO. For the students of both organizations the ACLO offer sports in many different ways.

The ACLO was founded in 1945 and is the largest overarching student sport organization of the Netherlands. The ACLO represents the student sport of Groningen on a national level. At this moment nearly 18.000 students sport at the ACLO for only €59,95 a year. The ACLO is there for the most important supplier of sports for students in Groningen.



What does the ACLO offer?

Free reservations:

ACLO-members have the opportunity to book a hall, court or field at the ACLO Sports Centre.

Group lessons and open hours:

Group lessons and open hours are given throughout the year and are in most cases accompanied by a sports coach. There are about 20 group lessons or open hours scheduled each day. You don't need to register in advance at the Zernike location. Participation is entirely voluntarily and you can work out at your own level. In the WAS and at ACLO Station you must reserve a ticket before you join a group lesson or open hour. Examples of group lessons and open hours are: bodyfit, swimming, soccer, spinning, circuit training and aquarobics.

Courses:

The ACLO offers the ACLO-members free five- and ten-week courses. After the course they will know the basics of the sport in question and be able to play the sport on their own. Examples of courses taught at the ACLO are: water skiing, golf, gliding, tennis, football, dance, shooting, skydiving and karate.

Sports Associations:

Besides the group lessons, open hours, courses and free reservations it is possible for an ACLO-member to join one of the sport associations. There are 49 different sport associations affiliated to the ACLO.

Events:

The ACLO organizes several events during the year for her (potential) members like:

- **The ACLO-Vitalisloop:**

The ACLO-Vitalisloop is an open running contest which is organized in collaboration with the association G.S.A.V. Vitalis. The contest is organized twice a year; once in preparation for the 4 Miles of Groningen and once in preparation for the Batavierenrace.

- **The ACLO-Sportsgala**

The gala committee (Galacie) organizes the ACLO-Sportsgala in February. During this gala the winners of the Sports prize election will be announced.

- **Board/ committee activities**

During the year there are various activities and get-togethers organized for the active members of the ACLO (committee members and the ACLO boards).

- **'Athenespelen'**

This is a sports days for students who are in the final stage of their secondary school.

- **'Bestuursspelen'**

The PR & Activity committee (PRAccie) organizes in May/June the 'Bestuursspelen' at the ACLO. This is a tournament for all the boards of the sports associations.

- **ESN meets ACLO:**

This is a sports day which is held twice a year for the international students in Groningen. The purpose of this event is that international students get to know the ACLO. The event takes place during the introductionweek of ESN.

- **Healthweek**

Annually the Health committee (Healthcie) organizes two weeks that are completely dedicated to Healthy Ageing: the Healthweeks. During these weeks we will pay attention to the various aspects of a healthy lifestyle, ranging from nutrition, sports and exercise to mental health.

- **'Kaderdag'**

The PR & Activity committee (PRAccie) organizes the 'Kaderdag' in November. During this day the boards of the associations are getting some workshops and lectures.

- **KEI-week**

The ACLO is present at 3 activities during the KEI-week.

- 1) Information market: this information market takes place on the 1st day of the KEI-week and is intended to give the 'KEI-lopers' an idea of what they can do in Groningen.
- 2) Sportplaza: during the KEI-week there is a sports market organized at the ACLO. The KEI-lopers are getting their first impression of the ACLO this day.
- 3) KEI-Parade: this is a parade through the city center of Groningen.

- **KISS**

The purpose of this event is to introduce non ACLO-members to the ACLO. It's a big sports day with various tournaments, workshops and open hours where students can participate.

ACLO structure

General Board of the ACLO:

The General Board is the institution that controls the Daily Board. Every year the General Board consists of 11 students who have meetings at least seven times a year. They have a voice in important issues concerning the ACLO and control its long term policy.

Daily Board of the ACLO:

The Daily board is a full time board and are concerned with the daily affairs of the ACLO. The Daily Board is, among other things, responsible for the sports offer and sports time table, the distribution of grants and the representation of the Groningen student sports in Groningen and on a national level.

Committees of the ACLO:

The ACLO is an organization for and by students. Besides the Daily and General Board there are several committees who organize events, do promotional activities and so on. All of these committees have their own tasks and responsibilities. The committees of the ACLO are: The ACLO-Mediateam, PR & Activity committee (PRAccie), Health committee (Healthcie), Sportcie, Galacie, Cocie and the ACLO-Denktank.



KEI-Parade 2017

Apply now!

Have you become excited about the ACLO? Do you want to work with four fellow students for a year and make others excited about the ACLO? Are you good at organizing events? Or do you want to gain experience by becoming active in a committee? Apply now for the PRAccie!

Data

t/m 18th of February 2018:

send your resume and motivation letter to ci@aclosport.nl.

February 2018:

Interviews with the applicants at the ACLO.

March 2018:

Announcement new PRAccie

March 2018:

Instruction sessions (date and time will be announced as soon as possible).

