

**Index**

Become an active member of the ACLO! ..... 2

The sports committee (Sportcie) ..... 3

Different tasks of the Sportcie ..... 4

Experience of Lars & Sabine (old Sportcie members)..... 5

What does the ACLO offer? ..... 7

ACLO structure ..... 9

Apply now!..... 10

## Become an active member of the ACLO!

The ACLO gives you the opportunity to join one of the many committees. You can develop yourself on a personal level during a committee year and it is a fun way to meet new people. Besides that it also looks good on your resume!

Would you like to join a committee of the largest student sport organization of Europe? Do you like to organize open competitions and tournaments? Then the Sportcie is looking for you! The Sportcie is responsible for the organization of various open competitions and events at the ACLO!

Send your motivation letter and your resume to [ci@aclosport.nl](mailto:ci@aclosport.nl)



## The sports committee (Sportcie)

The sports committee (Sportcie) is one of the ACLO committees. The Sportcie organizes the open competitions of the ACLO. One of the most important tasks of the Sportcie is organizing the open futsal competition. There is plenty of room for new ideas, so you could definitely set up some different open competitions or tournaments. You can think of an open court soccer competition, a field hockey competition or even an open squash- or beach tournament!

You don't only organize and set up the competitions and tournaments, the Sportcie is also present at the days the competitions are held. The Sportcie ensures that the materials are at the right place and that nothing goes wrong. The results are also processed by the Sportcie during the competition.

In addition, the Sportcie can be asked to support the coordinator internal affairs during the organization of other sport events.

### Goals of the Sportcie:

- Organizing open competitions, tournaments and sports events.

### Time to spent:

You will spend about 4 hours a week, but due to the different kind of projects it could be very different each week. In the weeks before a competition the Sportcie will spend more time together to organize this.

### Activities/ events of the Sportcie:

- Open futsal competitions
- New competitions and events

The Executive Board can ask the Sportcie to help them (when needed) with other activities then mentioned before.

# Different tasks of the Sportcie

Within the Sportcie there are several functions. Each function has a number of tasks and responsibilities. In addition to the permanent duties and functions, everyone helps with the organization of the various competitions and tournaments.

## Chairman

- Leading the committee
- Keep an overview
- Ensure team building
- Responsible for the transfer documents
- Keep in touch with the coordinator internal affairs of the Executive Board of the ACLO.

## Secretary

- Managing the Sportcie e-mail
- Responsible for the transfer documents
- Coordinate general administration and minutes

## Treasurer

- Making a budget
- Financial administration
- Keep in touch with the treasurer of the Executive Board of the ACLO

## PR

- Thinking of marketing actions to attract participants for the competitions
- Responsible for the Facebook page
- Responsible for posters and flyers of the competitions
- Keep in touch with the coordinator PR & marketing of the Executive Board of the ACLO

Do you prefer a function? Mention this in your motivation letter!

## Experience of Lars & Sabine (old Sportcie members)

When I returned to Groningen after my exchange year I went looking for committee work. I soon noticed the Sportcie of the ACLO: organizing sports activities that seemed fun to me! And the committee year certainly didn't disappoint me: in addition to the regular competitions that had to be organized, we were completely free to use our own creativity for new competitions, which led to a dodgeball tournament! You will organize these competitions with your committee members. The ACLO board also involves you in a lot of socials and activities! For me this was a perfect combination!

Sabine de Haan, 21, Sportcie '15-'16

During my study, I was looking for a nice committee to join. I really like sports, maybe even too much, because I never know which sports club I want to join. When I heard about the Sportcie of the ACLO, I knew immediately, this is a committee that really suits me! I was very pleased to organize the open competitions and tournaments. I even participated several times myself. Developing myself, having a lot of fun and play different kind of sports made it a great year.

In short: apply for the Sportcie!

Lars Zoete - 24 - Sportcie '15 - '16





## About the ACLO

The ACLO is the overarching student sports organization of the University of Groningen and the Hanze university of applied sciences and for the 50 sports clubs of the ACLO. For the students of both organizations the ACLO offer sports in many different ways.

The ACLO was founded in 1945 and is the largest overarching student sport organization of the Netherlands. The ACLO represents the student sport of Groningen on a national level. At this moment more than 19.000 students sport at the ACLO for only €59,95 a year. The ACLO is there for the most important supplier of sports for students in Groningen.



# What does the ACLO offer?

## Free reservations:

ACLO-members have the opportunity to book a hall, court or field at the ACLO Sports Centre.

## Group lessons and open hours:

Group lessons and open hours are given throughout the year and are in most cases accompanied by a sports coach. There are about 20 group lessons or open hours scheduled each day. You don't need to register in advance at the Zernike location. Participation is entirely voluntarily and you can work out at your own level. In the WAS and at ACLO Station you must reserve a ticket before you join a group lesson or open hour. Examples of group lessons and open hours are: bodyfit, swimming, soccer, spinning, circuit training and aquarobics.

## Courses:

The ACLO offers the ACLO-members free five- and ten-week courses. After the course they will know the basics of the sport in question and be able to play the sport on their own. Examples of courses taught at the ACLO are: water skiing, golf, gliding, tennis, football, dance, shooting, skydiving and karate.

## Sports Associations:

Besides the group lessons, open hours, courses and free reservations it is possible for an ACLO-member to join one of the sport associations. There are 49 different sport associations affiliated to the ACLO.

## Events:

The ACLO organizes several events during the year for her (potential) members like:

- **The ACLO-Vitalisloop:**

The ACLO-Vitalisloop is an open running contest which is organized in collaboration with the association G.S.A.V. Vitalis. The contest is organized twice a year; once in preparation for the 4 Miles of Groningen and once in preparation for the Batavierenrace.

- **The ACLO-Sportsgala**

The gala committee (Galacie) organizes the ACLO-Sportsgala in February. During this gala the winners of the Sports prize election will be announced.

- **Board/ committee activities**

During the year there are various activities and get-togethers organized for the active members of the ACLO (committee members and the ACLO boards).

- **'Athenespelen'**

This is a sports days for students who are in the final stage of their secondary school.

- **'Bestuursspelen'**

The Activity committee (Accie) organizes in May/June the 'Bestuursspelen' at the ACLO. This is a tournament for all the boards of the sports associations.

- **ESN meets ACLO:**

This is a sports day which is held twice a year for the international students in Groningen. The purpose of this event is that international students get to know the ACLO. The event takes place during the introductionweek of ESN.

- **Healthweek**

Annually the Health committee (Healthcie) organizes two weeks that are completely dedicated to Healthy Ageing: the Healthweeks. During these weeks we will pay attention to the various aspects of a healthy lifestyle, ranging from nutrition, sports and exercise to mental health.

- **'Kaderdag'**

The Activity committee (Accie) organizes the 'Kaderdag' in November. During this day the boards of the associations are getting some workshops and lectures.

- **KEI-week**

The ACLO is present at 3 activities during the KEI-week.

- 1) Information market: this information market takes place on the 1st day of the KEI-week and is intended to give the 'KEI-lopers' an idea of what they can do in Groningen.
- 2) Sportplaza: during the KEI-week there is a sports market organized at the ACLO. The KEI-lopers are getting their first impression of the ACLO this day.
- 3) KEI-Parade: this is a parade through the city center of Groningen.

- **KISS**

The purpose of this event is to introduce non ACLO-members to the ACLO. It's a big sports day with various tournaments, workshops and open hours where students can participate.



## ACLO structure

### General Board of the ACLO:

The General Board is the institution that controls the Executive Board. Every year the General Board consists of 11 students who have meetings at least seven times a year. They have a voice in important issues concerning the ACLO and control its long term policy.

### Executive Board of the ACLO:

The Executive board is a full time board and are concerned with the daily affairs of the ACLO. The Executive Board is, among other things, responsible for the sports offer and sports time table, the distribution of grants and the representation of the Groningen student sports in Groningen and on a national level.

### Committees of the ACLO:

The ACLO is an organization for and by students. Besides the Executive and General Board there are several committees who organize events, do promotional activities and so on. All of these committees have their own tasks and responsibilities. The committees of the ACLO are: The ACLO-Mediateam, Activity committee (Accie), Health committee (Healthcie), Sportcie, Galacie, Cocie and the ACLO-Denktank.

# Apply now!

Have you become excited about the ACLO? Do you want to work with four fellow students for a year and make others excited about the ACLO? Are you good at organizing events? Or do you want to gain experience by becoming active in a committee? Apply now for the Sportcie!

## Data

till 16<sup>th</sup> of Sept. 2019

September 2019  
End of Sept. 2019  
October 2019

Send your resume and motivation letter to [ci@aclosport.nl](mailto:ci@aclosport.nl).

Interviews with the applicants at the ACLO.  
Announcement new Sportcie  
Instruction sessions (date and time will be announced as soon as possible).

