

Competition rules ACLOopje

Registration

1. Every team needs to be enrolled via the following Google Forms:
<https://forms.gle/grHoEpG2sdMok6G98>
2. Enrollment is possible up and until Thursday the 25th of June, 23:59h. Hereafter, the Google Forms will be closed and registration is not possible anymore.
3. There is a maximum of 10 participants per team. There is no minimum.

Stages

4. Every participant runs at least 1 stage, but can run multiple stages.
5. Height differences or paved/unpaved roads during completed stages are not taken into account with the final result.
6. There are no specific stages for men or women.
7. A stage must be run continuously. It is therefore not allowed to split a stage of a participant.
8. The stages must be run between 9am and 7pm on Saturday the 27th of June 2020.
9. Every stage needs to be measured with an app. At this moment, we are working on an app that can be used. More information about the app will follow.

COVID-19

10. Every participant must always keep 1.5m distance from other people.
11. Participants need to run their stage alone. This implies that different participants cannot run the same route at the same time.