

## **Update corona measures Sports center RUG/HG**

**1st of September 2021**

The sports center of the RUG and HG (including ACLO station) falls under the regulations of sports and not education. It is therefore not necessary to wear a face mask when entering the sports center. Furthermore, we are required to stick to the 1.5 meter rule. This rule applies both in the buildings of the Sports Center and on the fields surrounding the Sports Center. During sports, it is not necessary to keep a 1.5 meter distance if this is necessary for the practice of the sport.

For the Willem Alexander Sports Center (WAS) other rules apply. This accommodation is seen as a teaching location until 19.00 hours and therefore a face mask must be worn upon entry. During exercise this may be removed. From 19.00 o'clock the WAS is seen as a sports accommodation again and the face mask can be taken off, but a distance of 1.5 meters has to be kept when you're not playing sports.

The Wiebenga complex continues to fall under the education regulations both during the day, and in the evening. A face mask is therefore mandatory when you are not playing sports.

The 1.5 meter rule has a major impact on the capacity of the sports center for everyone who is not playing sports. The space in the sports halls, gymnasiums, locker rooms and offices is limited for the time being for non-athletes. Unfortunately, we cannot escape some special measures to stay within the regulations. For now, these measures are valid until the 19<sup>th</sup> of September. What happens after that depends on the government. Until this date, events that have no direct connection to sports or education are also not allowed at the sports center.

We split the measures for sports facilities between indoor and outdoor sports.

### **Indoor sports**

For sports:

- In case you have corona related symptoms stay at home and get yourself tested;
- Preferably change clothes and shower at home. The dressing rooms are open, but the capacity is limited by the 1.5 meter rule. On the doors you will find the maximum capacity of the respective locker room;

- Come to the Sports Center as late as possible. Because of the 1.5 meter rule, the capacity for non-athletes is limited;
- No team meetings in locker rooms or meeting rooms.

#### During sports:

- No 1.5 meters necessary if needed for sports practice. At rest moments, end of training etc. this is necessary again;
- Substitutes and staff must also keep a distance of 1.5 meters;
- (Practice) matches for volleyball in the HG hall only in consultation with the Sports Centre. The ventilation capacity there is moderate, but there is permission to possibly scale up through testing (CO2 meters) and ventilation (doors mandatory open).

#### After Sports:

- After your time slot or workout, leave the sports building as soon as possible;
- The Sports bar is open, but also has a limited capacity due to corona regulations.

#### Audience:

- Must keep 1.5 meters distance and must be seated. If the concrete situation does not allow this, standing in a demarcated area is also allowed (subject to 1.5 meters);
- The capacity of the two stands in the Struikhal is 24 persons each (thus together 48 seats);
- We will consult with the various sports about what is still possible in terms of maximum capacity for spectators during competition/match days. We do this to be able to provide the best possible customization and thus get the most out of each sport.

## Outdoor sports

For sports:

- In case you have corona related symptoms stay at home and get yourself tested;
- Preferably change and shower at home. The dressing rooms are open, but the capacity is limited by the 1.5 meter rule. On the doors you will find the maximum capacity of the respective locker room;
- Team meetings are not possible in the locker rooms or meeting rooms, please also inform your opponents. Come to the sports facility as late as possible and keep 1.5 meters distance from others when waiting.

During sports:

- No 1.5 meters necessary if this is required for sporting activities. At rest moments, end of training etc. this is necessary again;
- Also, substitutes and staff must keep 1.5 meters distance, so do not sit next to each other in the dugouts.

After sports:

- Leave the sports facility as soon as possible after training/match;
- Before visiting the clubhouse/terrace, please consult the rules set up by the club (e.g. reservations, maximum numbers and other corona-related (catering) rules);
- When showering, take into account the maximum number of people allowed in the locker room. Inform opponents about this as well.

Public:

- Must keep 1.5 meters distance and must be placarded. If the actual situation does not allow this, standing in a designated area is also permitted, subject to 1.5 meters;
- Make a clear distinction between public and terrace;
- Maximum number of people on the terrace and in the clubhouse together is 75 with fixed seating at 1.5 meters (this RUG measure is therefore stricter than the horeca regulations);
- Around the field, public is allowed to stand or sit at 1.5 meters.